

Using Your Topical “Click” Dispenser 0.25 g per click

Your cream comes in a click dispenser. Each click gives the same small, measured amount — just follow the number of clicks on your label.

How to use it

No squeezing, no measuring — just count the clicks.

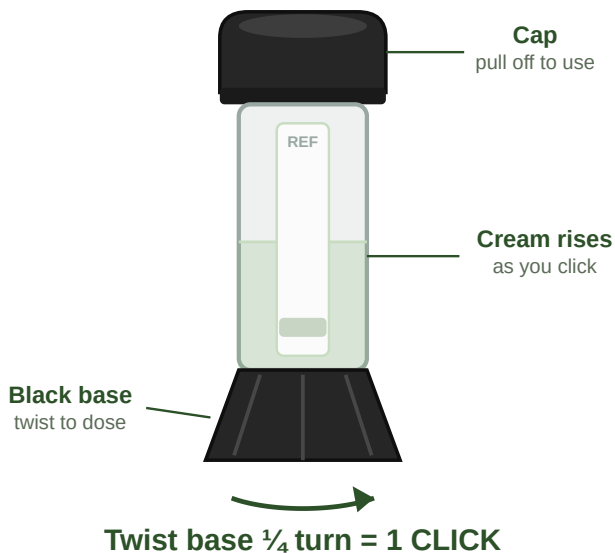
1. **Pull off** the cap.
2. **Twist the base** the number of clicks on your label — you’ll hear and feel each one. Stop on a click.
3. **Press the domed top** straight onto the skin and rub in until absorbed (no need to use your hands).
4. **Put the cap** back on.

One click = 0.25 g of cream. The dose in mg depends on your cream’s strength. Quick rule: **mg per click = strength (mg/g) ÷ 4**. Example: 10 mg/g ÷ 4 = **2.5 mg** per click.

Doses at different strengths

How many mg each click delivers (and at 1–6 clicks):

CLICKS	10 MG/G	20 MG/G	50 MG/G	100 MG/G
1	2.5 mg	5 mg	12.5 mg	25 mg
2	5 mg	10 mg	25 mg	50 mg
3	7.5 mg	15 mg	37.5 mg	75 mg
4	10 mg	20 mg	50 mg	100 mg
5	12.5 mg	25 mg	62.5 mg	125 mg
6	15 mg	30 mg	75 mg	150 mg



Always check YOUR label. Your cream’s strength (mg/g) and your number of clicks are printed on the prescription label — they may differ from the examples above. When in doubt, ask the pharmacy.

Find your clicks

Clicks = your dose (mg) ÷ mg-per-click.

- Need **10 mg** of a **20 mg/g** cream? $20 \div 4 = 5 \text{ mg/click} \rightarrow 10 \div 5 = \mathbf{2 \text{ clicks}}$.

First time only: twist until a little cream reaches the top pad, wipe it off, then start dosing. A full 30 g container gives about **120 clicks**.

This guide is educational and applies to a topical dispenser that delivers 0.25 g per click. It does not replace your prescription label. **Always consult with your doctor or pharmacist** before starting, changing, or stopping any dose, and confirm the strength (mg/g) printed on your container.

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