

Prescribing Hormones in a Topi-CLICK

Prescriber guide

How concentration, clicks, and cream volume relate — and when to combine hormones versus keep them separate. Each click delivers 0.25 g; **mg per click = strength (mg/g) ÷ 4**.

Strength sets the clicks & the volume

You choose the concentration; that fixes mg-per-click. The dose is the same — only the clicks and cream volume change.

1 click = 0.25 g. mg per click = strength (mg/g) ÷ 4. A 30 g dispenser ≈ 120 clicks.

Combining hormones in one dispenser

e.g., estradiol + testosterone co-compounded together.

- You **can** co-formulate two (or more) hormones in a single Topi-CLICK.
- But each click delivers a **fixed ratio** — one click changes **both** doses together.
- You **cannot** adjust one hormone without changing the other.

Same 10 mg dose — different cream amount



Higher strength → fewer clicks, less cream to rub in

Stable vs. titrating: a combination dispenser suits patients **already stable** on a known ratio (fewer devices, better adherence). For **new patients or anyone titrating**, keep each hormone in a **separate dispenser** so each dose can be individualized.

Combo example — E2 1 mg/g + T 10 mg/g: 1 click = 0.25 mg E2 + 2.5 mg T; 2 clicks = 0.5 mg E2 + 5 mg T. The 1:10 ratio is locked at every click.

Example: target 10 mg per dose

STRENGTH	PER CLICK	CLICKS	CREAM/DOSE
10 mg/g	2.5 mg	4	1.0 g
20 mg/g	5 mg	2	0.5 g
40 mg/g	10 mg	1	0.25 g

Lower strength = finer titration steps but more cream; **higher strength** = less cream but coarser steps. Aim for a convenient 1–4 clicks per dose with the resolution you need.

Writing the order

Specify drug + strength (mg/g), base, dispenser, and a Sig in clicks.

Rx: Estradiol 20 mg/g in [base]. **Dispense:** Topi-CLICK 30 g (≈120 clicks). **Sig:** Apply **2 clicks (= 10 mg)** to inner forearm once daily; rotate sites.

For prescriber reference. Confirm formulation feasibility, maximum achievable strength, compatibility, and beyond-use dating with the compounding pharmacy before prescribing. This is an ordering and dosing aid, not a substitute for clinical judgment or product labeling.

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