

# Estradiol Cypionate for Women

10 mg/mL

How to measure your prescribed estradiol dose: use a standard **U-100 insulin syringe (1 mL)**. Fill to the unit line for your prescribed dose, reading at the **front edge of the plunger's rubber stopper**.

## Find your dose on the chart

**For the 10 mg/mL concentration only.** Confirm your vial label reads 10 mg/mL before measuring. If it shows any other strength, do not use this chart — contact the pharmacy.

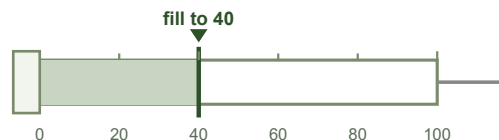
| DOSE | UNITS (U-100) | VOLUME  |
|------|---------------|---------|
| 1 mg | 10 units      | 0.10 mL |
| 2 mg | 20 units      | 0.20 mL |
| 3 mg | 30 units      | 0.30 mL |
| 4 mg | 40 units      | 0.40 mL |
| 5 mg | 50 units      | 0.50 mL |
| 6 mg | 60 units      | 0.60 mL |

The doses above are examples only. Use the exact dose your prescriber wrote.

## Drawing your dose

1. **Check the vial label** reads **10 mg/mL**, and confirm the dose your prescriber wrote.
2. **Find your dose** in the chart and note the **units**.
3. **Draw air** into the syringe to that unit line, then push it into the vial.
4. **Pull the plunger** until the stopper's front edge sits on your unit line; tap out air bubbles.
5. **Give it as a subcutaneous injection** — see our Subcutaneous Injection guide for technique and site rotation.

**Example:** 4 mg = 40 units



**Estradiol cypionate is long-acting** and usually given as a small weekly dose. Take it on the same day each week, rotate your sites, and never share syringes or needles.

**Important — please read.** This guide is general educational information only and is not medical advice. It helps you measure a dose that has been prescribed for you at the **10 mg/mL** concentration; it does not replace your prescription label or your prescriber's directions, which always take priority. Confirm your concentration and exact dose before every use. Talk with your prescriber before starting, changing, or stopping any dose, and never share injection supplies. If you notice a reaction that concerns you, contact your prescriber or pharmacist; for a medical emergency, call 911. By using this information you accept that Village Pharmacy & Compounding, its owners, and staff are not liable for any injury, loss, or damage arising from its use.

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